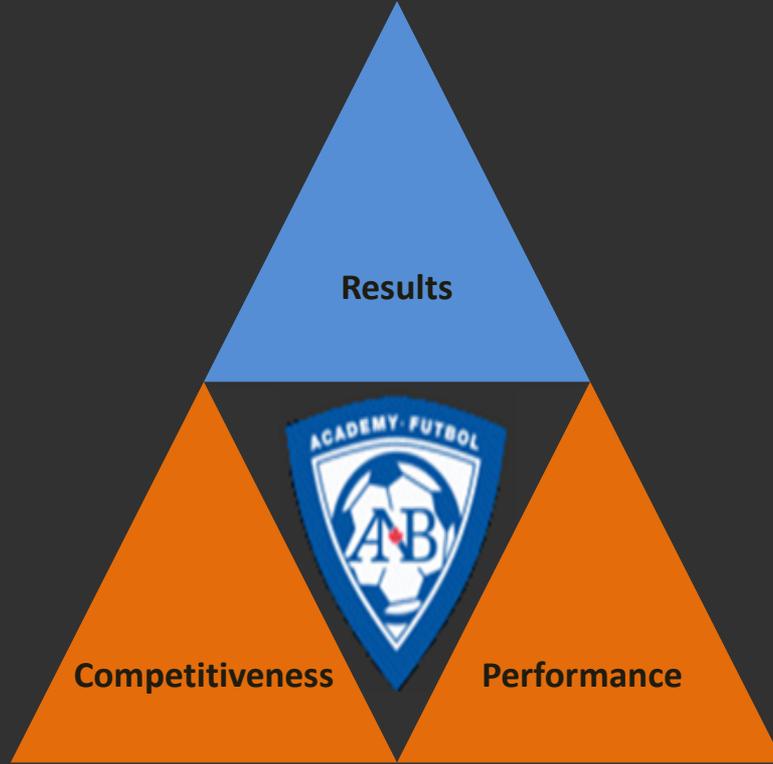




# **ANB Futbol 2016**

**“BACK TO BASICS”**

November, 2015



anb futbol  
keeping the game beautiful.



# ANB Futbol Story

In past 10 years, ANB Futbol has achieved...

## PLAYERS

National Team Selections  
- players on youth teams  
(Canada & Int'l)  
University Scholarships  
- over 100 players  
Professional Youth Trials  
- over 25 players

## STAFF

Provincial Licence  
National Licence  
UEFA Licence  
Sr. & Specialized Youth Licences

## TRIPS

United States  
Europe (England, France,  
Italy, N. Ireland, Spain)

## CLUBS

Annual Int'l ID Camp  
SM Caen  
ESTAC Troyes

# Developmental Promises

## 1. Top Level Training Facility

- 6 full-size & 3 mini-size grass fields
- 1 FIFA (Polytan) certified full-size turf
- 1 Domed facility (9 vs. 9 UEFA specs)
- 3 indoor double-size gyms

## 2. Professional Coaching Staff

- Cdn. / USA / UEFA / FIFA licenses
- Former pro / collegiate experience
- Extensive travel experience

## 3. Year Round Training

## 4. On-field 1<sup>st</sup> Responder

## 5. Competition

- Inter-Academy / Exhibition
- National & International Travel



# Futbol **ATHLETE** (as a Unit)



Recognize to  
be a model  
player on  
and off the  
field

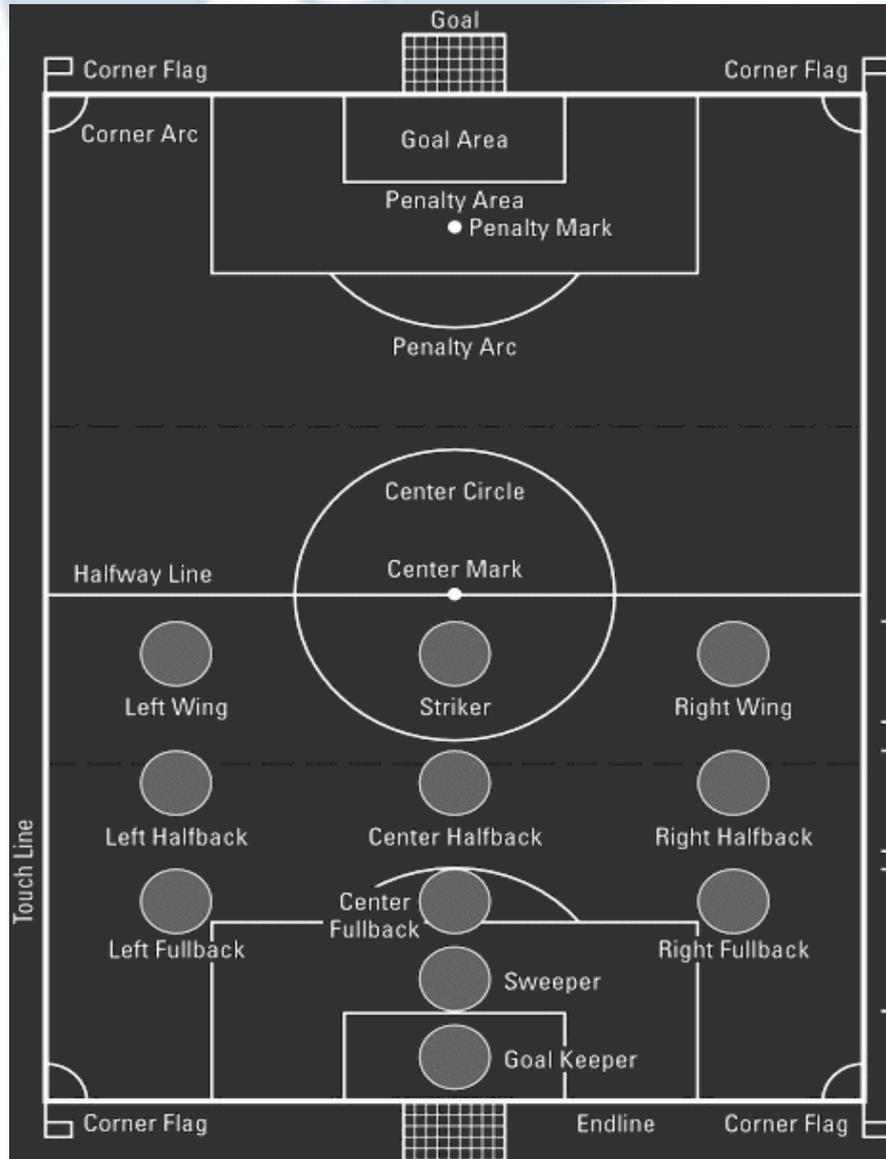
"The will to develop and perform is not enough. The will to prepare to develop, perform and win, is what separates those that succeed from those that don't."

# **Futbol ATHLETE** (as a Unit)

Kevin Spacey Motivation:

<https://www.youtube.com/watch?v=dqUDe3XH17c>

# Futbol **COACH** (as a Unit)



## The Coach as a Complete Unit --

### Core Competencies

- Certification/License
- Experience
- Education

### Functional Competencies

- Demonstration + Repetition
- Respect for the game, yourself, your players the opponent, the environment + the laws of the game
- Behaviour + Positive Attitude
- Communication
- Commitment
- Personality
- Dress Code
- Integrity

# Futbol **COACH** (as a **Unit**)

A coach is someone who always makes you do what you do not want to do, so you can be who you've always wanted to be. There is no glory in training, but without training there will be no glory...

**“In the academy the  
Results and the Matches  
Are Irrelevant when  
compared to your  
Training Sessions.**

That's where you improve your bad points”



- Johan Cruyff

You can make  
**progress** or you  
can make  
excuses, but  
you can't do  
**both.**

# Program Alignment

## Intro to Futbol

### U-8 Program:-

U-7 (2009 born) & U-8 (2008 born)

### U-9 Program:-

U-9 (2007 born)

### U-10 Program:-

U-10 (2006 born)

## Intro to Formation

### U-12 Program:-

U-11 (2005 born) & U-12 (2004 born)

### U-13 Program:-

(2003 born)

## Formation

### U-14 Program:-

(2002 born)

### U-15 Program:-

(2001 born)

### U-16 Program:-

(2000 born)

### U-20 Program:-

(1999 / '98 born)

\* U-8 to U-12 is co-ed for female athletes who are looking to develop in a high performance environment

# Program Alignment (Girls)



## Girls Program

### U-13 Girls Program:-

(future age group – '05 / '04 born)

### U-15 Girls Program:-

('03 / '02 / '01 born)

### U-18 Girls Program:-

('00 / '99 / '98 born)



# Coaching Assignments



**U-8 Program** – Bruno Riga

**U-9 Program** – Ciprian Ilie

**U-10 Program** – Tiago Bello  
Program Director – Marcelo Almeida

**U-11 Program** – Carlos Nicholls

**U-12 Program** – Carlos Nicholls  
Program Director – Carlos Nicholls

**U-13 Program** – Jose Petinga

**U-14 Program** – George Pimentel  
Program Director – George Pimentel

**U-15 Girls Program** – Fernando Araujo

**U-18 Girls Program** – Marcelo Almeida  
Program Director – Fernando Araujo

**U-15 Program** – Marcelo Almeida

**U-16 Program** – Bassam Naim

**U-20 Program** – Wayne Mills / Flavius Manolache  
Program Director – Bassam Naim

# Yearly Schedule - 2016

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Pre-season				Season							Post Season	
1 week break (12 - 20 March, 2016)				2 week break (25 July - 7 Aug. 2016)							3 week break	
<ul style="list-style-type: none"> <li>- ball mastery</li> <li>- fitness / co-ordination</li> <li>- technique development</li> <li>- competition preparation</li> </ul>				<ul style="list-style-type: none"> <li>- Competition</li> <li>- Showcasing - Events / Int'l trip</li> </ul>							<ul style="list-style-type: none"> <li>- wind down</li> </ul>	

## U-8 to U-12 Programs

- min. 3 times per week training
- Winter – 2x during week + 1x weekend
- Summer – 3x during week (Games on weekend)

## U-13 & older Programs

- min. 4 times per week training
- Winter – 3x during week + 1x weekend
- Summer – 4x during week (Games on weekend)

## GK Training (specific)

- min. 2 times per week

# Planned Events – 2016

- Met most of planned events from 2015
- Training starts Mon. 4 Jan. 2016
- March Break (Mar. '16) & Easter (27 Mar. '16)
- Annual ANB Banquet – Fri. 8 April, 2016
- Crossroads Showcase (Boys & Girls) – mid & late April, 2016
- Umbro College Showcase – May, 2016
- “Challenge de Champagne” Youth Tournament – 4–5 June, 2016
- Int’l ID Camp – 24 – 26 June, 2016
- Cobras FC Tournament (Rochester, NY) – July, 2016
- Force FC Tournament (Michigan) – Sept., 2016
- Fall College Showcase – Oct. / Nov. 2016
- ANB Futbol year-end presentation – 2 Dec. 2016
- adidas Futbol Showcase – Dec. 2016

# Italy trip – 2015



March Break  
2015...

- Training
- 3 games  
(1W, 1L, 1T)

Verona 1 ANB 1  
Brescia 2 ANB 3  
Chievo 3 ANB 1

# Challenge de Champagne results – ESTAC Troyes 2015



PROJET TOURNOI  
« CHALLENGE DE CHAMPAGNE »

## CLASSEMENT FINAL CHALLENGE DE CHAMPAGNE

1ère édition, 6 et 7 juin 2015

1	OLYMPIQUE LYONNAIS
2	AS NANCY LORRAINE
3	ESTAC
4	FC SENS
5	FC NOGENTAIS
6	STADE DE REIMS
7	RACING CLUB DE BESANCON
8	ES MUNICIPAUX
9	RCSC
10	STADE MALHERBES DE CAEN
11	TORONTO ANB FUTBOL
12	US TORCY
13	RACING CLUB DE LENS
14	FOYER BARSEQUANAIS
15	DIJON FCO
16	RCP FONTAINEBLEAU
17	JS SAINT JULIEN
18	RACING FC UNION
19	AJ AUXERRE
20	PROVINS FC
21	BAR SUR AUBE FC
22	SC MORZINE VA
23	ASSRC
24	RACING SAINT ANDRE



Merci Beaucoup  
ESTAC Troyes!



**Congratulations to ANB Futbol  
U-13 team!**

- 11<sup>th</sup> place (of 24 teams)
- Fair-play award



# Challenge de Champagne @ ESTAC Troyes 2016

4 & 5 June, 2016



1986  
ESTAC  
TROYES  
10

## TOURNOI INTERNATIONAL DE FOOTBALL

Complexe Henri Terré - TROYES  
U12 - U13

4 et 5 JUIN 2016  
2<sup>ème</sup> édition



Challenge de Champagne

24 ÉQUIPES  
82 MATCHES

ESTAC.FR



OLYMPIQUE LYONNAIS  
1913  
STADE DE REIMS  
ASNL  
RACING CLUB DE LENS  
DFCO  
A.J. AUXERRE  
ACADEMY • FUTBOL

# ANB Player Registration



Notes:

2012 – Girls program was not offered

2015 – League 1 Ontario Men & Women incl'd

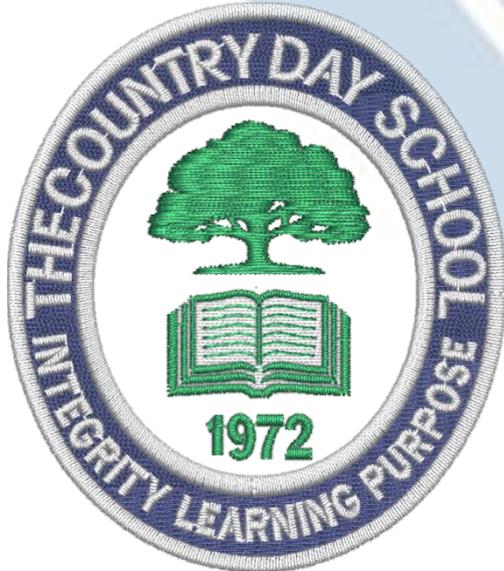
# **ANB Playing Philosophy**

1. Ball on the ground
2. Minimize number of touches
3. Diagonal passes
4. Switch point of attack
5. Fast counter-attack
6. Technical long-ball

# Pricing - 2016

Age Group	Amount (\$)
Futbolito	\$125 – \$250 (2 times / year; 10 – 12 weeks each session)
U-8 Program	\$2,400
U-10 Program	\$3,400
U-12 Program	\$4,400
U-13 – U-17 Programs	\$4,600
1998 born	<b>2016</b> – “Alumni project” continues... all 1998 born players & older will pay a reduced amount to pursue showcasing & post-secondary opportunities

# Sponsors & Partners



# Contact



10 YEARS IN THE MAKING

## Bassam Naim

Academy Director

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Tel: 905-313-8661

## Marcelo Almeida

Development Director

Email: [marcelo@anbfutbol.com](mailto:marcelo@anbfutbol.com)

Tel: 416-918-6116

ANB Futbol information:

[www.anbfutbol.com](http://www.anbfutbol.com)

Social  
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