



November, 2014

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## Futbol Education Objectives

## <u>On field</u>

- Technique / Tactics / Mental Conditioning

## <u>Off field</u>

"ANB Futbol's fundamental objectives is to develop leaders and great citizens through the sport of futbol and not just Futbol players".

## **Developmental Promises**

- 1. Top Level Training Facility
- 5 full-size & 3 mini-size grass fields
- 1 FIFA certified full-size turf
- 1 Domed facility (9 vs. 9)
- 3 indoor double-size gyms
- 2. Professional Coaching Staff
- Cdn. / USA / European licenses
- Former professional / scholarship players
- Travel experience annually
- 3. Year Round Training
- 4. Athletic Therapy
- 5. Competition
- SAAC / League 1 / Travel / Exhibition

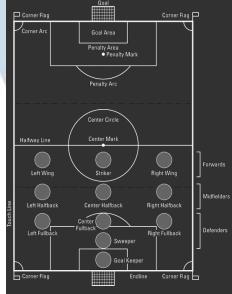


## Futbol Athlete (as a Unit)



Recognize to be a model player on and off the field

# Futbol Coach (as a Unit)



#### The Coach as a Complete Unit --

Core Competencie

- Certification/License
- Experience
- Education
- -unctional Competencies
- Demonstration + Repetition
- Respect for the game, yourself, your players the opponent, the environment + the laws of the game
- Behaviour + Positive Attitude
- Communication
- Commitment
- Personality
- Dress Code
- Integrity

## **Program Alignment**

#### Intro to Futbol

U-8 Program:-U-7 (2008 born) & U-8 (2007 born) U-10 Program:-U-9 (2006 born) & U-10 (2005 born)

#### **Intro to Formation**

U-12 Program:-U-11 (2004 born) & U-12 (2003 born) U-13 Program:-(2002 born)

#### Formation

U-14 Program:-(2001 born) U-15 Program:-(2000 born) U-17 Program:-(1999 / 98 born)

#### **Post Formation**

League 1 Reserve (U-21):-(1999 + born)

#### **Girls Program**

Jr. Girls (U-13):-(future age group – TBD) Sr. Girls (U-15):-('02 / '01 / '00 / '99 born) U-17 Program:-(future age group – TBD) League 1 Reserve (U-21):-(1999 + born)

#### Semi-Professional

League 1 Ontario MEN:-Any player demonstrating ability to play level

#### League 1 Ontario WOMEN:-Any player demonstrating ability to play level

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# **Coaching Assignments**



U-8 Program – Bruno Riga U-10 Program – Mike Figliola

U- 11 / U-12 / U-13 Program – Carlos Nicholls

U-14 Program – George Pimentel U-15 Program – Bassam Naim U-17 Program – Bassam Naim League 1 Reserve (Men) – Jose Petinga League 1(Men) – To be announced

Jr. Girls Program – to be announced Sr. Girls Program – Bassam Naim League 1 Reserve (Women) – Marcelo Almeida League 1 (Women) – Marcelo Almeida

## **Yearly Schedule - 2015**

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Pre-season (Indoor)				Regular Season (Outdoor)						Post Season	
1 week break (14 - 22 March, 2015) - fitness			2 week break (1 - 15 Aug. 2015)						3 week break (20 Dec. 2015)		
			- SAAC Competition					- wind down			
<ul> <li>technique (futsal-based)</li> <li>trip preparation</li> </ul>				- League 1 & OSL Competition						×-	
					- USA Showcases / Events						

#### U-8 to U-12 Programs

- min. 3 times per week training
- Winter 2x during week + 1x weekend
- Summer 3x during week (Games on weekend)

#### U-13 & older Programs (except League 1)

- min. 4 times per week training
- Winter 3x during week + 1x weekend
- Summer 4x during week (Games on weekend)

#### League 1 (Men & Women)

- min. 3 to 4 times per week training depending on schedule
- Winter 2x during week + 1x weekend
- Summer 4x during week (Games on weekend)

#### **GK Training (specific)**

-min. 2 times per week - regular training with age program

## **Planned Events - 2015**

- Met almost all of planned events from last year (2014); some events were canceled due to poor participation
- Training starts Mon. 5 Jan. 2015
- European trip ('99 / '98 and '98 / '97 boys) March, 2015
- Crossroads Showcase April, 2015
- Annual Dinner-Dance Fundraiser May, 2015
- Umbro College Showcase May, 2015
- Troyes Youth Tournament June, 2015
- ID Camp June, 2015
- Force FC Tournament (Michigan) Sept. 2015
- Fall College Showcase Oct. / Nov. 2015
- ANB Futbol year-end presentation Nov. 2015
- adidas Futbol Showcase Dec. 2015

## European trip – March, 2015





## European trip – March, 2015





## **2014 Teams' Achievements**

- European trip (March, 2014) 3 teams in Italy, England & France
- Crossroads Showcase (April, 2014) 3 teams
- Umbro Showcase (May, 2014) 3 teams
- Cleveland Continental Cup (June, 2014) 8 teams
- Force FC Invitational (Sept. 2014) 6 teams
- Michigan FC Showcase (Oct. 2014) 1 team (Sr. Girls)
- Durham Showcase (Dec. 2014) 1 team (Sr. Girls)
- adidas Futbol Showcase (Dec. 2014) 1 team
- SAAC Competition 1 League champion, 2 Cup champions, numerous league runner-ups & cup finalists
- Coaching Team education... Cdn. & US licenses, NSCAA Convention, US College visits, AEFCA Conference

## **Players' Achievements**

- A. Ghazanfari ('97) / N. Ryan ('99) try-out with Troyes (France)
- A. Reid ('99) invited participant in top Barcelona youth tournament; trials with Lyon & Nice (France)
- K. Araujo ('98) 1<sup>st</sup> ANB female athlete to try-out in Europe (France)
- A. Tansella ('99) / G. Moulopoulos ('99) / M. Afzaly ('97) / P. Quattrociocchi ('97) / A. Johnston ('98) / J. Brown ('98) / M. Rosolen ('99) – try-out with Troyes (France)
- D. Manolache ('99) Le Havre (France) academy & Cdn. National Youth Team pool
- A. Reid ('99) / M. Smith ('99) Cdn. National Youth Team pool

Several players in university system (Canada & United States)... J. Broome (Hartwick) part of NCAA final tournament



\* Note: 2012 - Girls program was not offered

# **ANB Playing Philosophy**

- 1. Ball on the ground
- 2. Minimize number of touches
- 3. Diagonal passes
- 4. Switch point of attack
- 5. Fast counter-attack
- 6. Technical long-ball

# **O.S.A. / ANB relationship**

- 1. Re-Apply for Ontario Recognized Non-Club Academy (ORNCA) status
- 2. NOT part of OPDL structure
- 3. Apply for League 1 Men & Women (automatic U-21 OSL spot)



- 4. Alliance with Oak Ridges Soccer Club
- 5. Continue to work to place players on national team, professional & university ranks
  - Many contacts at all soccer levels
  - League 1 membership benefits

<b>Pricing</b> -	2015
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Age Group	Amount (\$)		
Futbolito	\$125 – \$250 (2 times / year; 10 – 12 weeks each session)		
U-8 Program	\$2,400		
U-10 Program	\$3,400		
U-12 Program	\$4,400		
U-13 – U-17 Programs	\$4,600		
1997 born / Reserve	<b>2015</b> – "Alumni project" continues – all 1997 born players & older will pay minimal amount to encourage senior players to return & be role models to younger players		
League 1 (M & W)	Fully financed		



# CAD Contact TBO



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## ... FIT IN OR SIMPLY FIT OUT...